

Emotional Health and Wellbeing for Children and Young People

5 Key Updates – May 2020

Please cascade these updates to your colleagues as appropriate. If you have any questions or would like to include something in the next update, please contact charlotte.palethorpe@calderdale.gov.uk.

For information, advice and signposting on emotional health and wellbeing services please go to www.openmindscalderdale.org.uk

If you need to access the Open Minds Partnership (CAMHS) during the pandemic:

Offices are closed; please **don't** make referrals by **post**, **particularly if you have an urgent referral or query**. If parent/ carers, young people or professionals have concerns about the emotional health of a young person, please contact the **First Point of Contact** on;

- telephone: 01422 300 001
- email: firstpointofcontact@calderdalecamhs.org.uk
- or make an online referral at <https://calderdalecamhs.org.uk/how-to-refer>

Mental Health Support Teams for Calderdale Schools



Exciting news, Calderdale have been awarded funding for two Mental Health Support Teams that will help young people in schools by supporting teachers and staff to identify issues young people may have as early as possible, so they can get help and support when they need it. This will see an

increase in the number of mental health professionals working in Calderdale as part of the Open Minds Partnership. More information can be found at: <https://www.calderdaleccg.nhs.uk/mental-health-support-teams-set-for-schools-in-calderdale/>

Primary School Transition Support Project (TSP) – Offer during COVID-19

The Transition Support Project (TSP) is a free service which provides support to students, parents, and staff in years 5 and 6 around the emotional impact of transition to high school. In light of coronavirus, the project has reviewed its offer in order to prioritise the needs of current year 6 pupils and their transition to high school.

The TSP is delivered by a partnership of third sector agencies including Healthy Minds, Barnardo's, Noah's Ark Centre, and Northpoint Wellbeing. Schools are now able to request support from one central point on transitionsupport@northpoint.org.uk . Delivery is currently remote via phone or videoconferencing. More information can be found [here](#).

[NEW School Transition Support page for School Staff on the Open Minds Website](#)

For most children moving from one school to another can be an exciting opportunity but for others, it can bring worry, pressure and stress, which can impact the whole family.



We all understand the vital role of ensuring effective and successful transition for all children joining and leaving their school. In this new section on the Open Minds website you will find information about local and national transition support.

COVID-19: Supporting the Emotional Health and Wellbeing of Children Returning to School – A Brief Guide for Calderdale Primary School Staff

Since 23 March 2020, nurseries, schools and colleges have been closed except to children of key workers and vulnerable children. With support from the Local Authority, schools are currently planning how they can begin a phased return of more children in a measured way that prioritises the safety of children and staff.

The purpose of this guidance is to provide advice to staff on how they can support the emotional health and wellbeing of children in managing this transition.



FINAL Primary
school-Supporting EH

COVID-19: Supporting the Emotional Health and Wellbeing of Children Returning to School – A Brief Guide for Parents and Carers of Primary School Children

Some children will be happy to go back to school; however, others may feel worried or uncertain. Parents and carers might also have mixed emotions about the proposed return to school; these feelings are understandable and normal in the current circumstances.

The purpose of this document is to help parent and carers prepare their child/children for the return to school.



FINAL Parents
guide-Supporting EHV